



CARMICHAEL
OUTREACH

2024

2025

ANNUAL REPORT



CARMICHAEL OUTREACH INC.

1510 12TH AVE, REGINA, SK. S4P 0L5

P: 306-757-2235 | F: 306-757-2205

INFO@CARMICHAELOUTREACH.CA

WWW.CARMICHAELOUTREACH.CA

A YEAR IN REVIEW

351 intakes for Carmichael programs

Over 8000 hours of volunteer time

574 laundry appointments book

698 showers provided



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Dear Partners and Supporters,

As Executive Director of Carmichael Outreach, I am grateful for the privilege of serving this organization and our community since 2021. The past year has been marked by meaningful progress. These milestones reflect our ongoing commitment to meeting immediate needs while building a stronger foundation for long-term impact.

I extend my sincere appreciation to our partners and supporters for your steadfast commitment. Your belief in our mission enables us to deliver a broad range of programs and services that uphold dignity, foster connection, and strengthen our community. Quite simply, this work would not be possible without your generosity and trust.

I also wish to thank the community members who rely on our services. The past few years have presented significant challenges, and your patience and understanding as we adapted have been invaluable. It is a privilege to serve you.

Looking ahead, we are resolute and optimistic about the opportunities before us. Guided by our strategic plan, we will continue to deepen our impact, strengthen partnerships, and steward our resources responsibly to meet evolving community needs. Thank you for your continued support and confidence in our mission.

With sincere appreciation,



Tyler Gelsinger
Executive Director
Carmichael Outreach

WHO ARE WE??

VISION:

AN OPEN DOOR EMBRACING AND SUPPORTING THOSE IN NEED!

MISSION:

THROUGH COLLABORATION WITH THE COMMUNITY, WE PROVIDE FRONTLINE SERVICES AND SUPPORT TO THOSE IN NEED.

VALUES:

**RESPECT
TRUST
INTEGRITY
COMMUNITY**

INTRODUCTORY

A Year of Renewal and Service at Carmichael Outreach

This past year marked a transformative chapter for Carmichael Outreach, as we focused on strengthening our core pillars: Client Service, Staffing, and Financial Well-being.

- Client Service: We proudly served more meals and connected with more individuals than ever before. The Night Warming Center operated for its second year, with smoother operations and fewer conflicts—an encouraging sign of progress.
- Staffing: Our heartfelt thanks go to our dedicated team. We experienced the lowest staff turnover in our history, and the work environment has seen significant improvements, fostering a more organized and supportive culture.
- Financial Health: Carmichael's financial outlook has stabilized and is trending positively. We continue to invest in building repairs and improvements, ensuring our space remains safe and welcoming for all who walk through our doors.
- Strategic Planning: With the strategic plan now updated, we've entered the implementation phase—equipping us with the tools to drive vision and progress.

Special thanks to Executive Director Tyler Gelsinger for leading the charge toward continuous improvement, and to our Board of Directors for their unwavering dedication. Together, we remain committed to empowering our community through dignity, respect, and advocacy.

Bevan Sthamann

Board Chair, Carmichael Outreach



PROGRAMMING

Kitchen

In 2024–2025, Carmichael Outreach’s Food Security Program provided dignified, nutritious meals and essential supports to neighbours facing food insecurity. Through strong partnerships and in-kind contributions, we sustained dependable service and met rising demand while stewarding resources responsibly. On a typical day, our kitchen serves approximately 200 plus meals, complemented by hampers, milk, and essentials that improve health and stability.

Partners acknowledged: Red Lobster • KFC • Olive Garden • Save-On-Foods • The Loop Program • Sysco • Ready Bake • Reach • London Drugs • Lakeview Foods • and many others

“Having a place I can count on for a good meal made everything else feel possible.”

Boutique

Boutique Program: 2024–2025 Impact

Our boutique remains a cornerstone of Carmichael Outreach’s commitment to dignity and choice. In 2024–2025, we proudly welcomed an average of 60 guests each day, connecting individuals and families with approximately 13,000 items every month. From warm winter coats to breezy summer shorts, our inventory ensures guests have access to clothing suitable for every season. Beyond apparel, the boutique plays a critical role in providing essential hygiene products, diapers, and milk—items that are vital for family health and well being.

Why It Matters

Access to clean clothing and hygiene essentials is more than a basic need—it is a foundation for confidence, health, and stability. By offering these resources in a welcoming, judgment-free environment, we help reduce barriers and empower individuals to thrive.

Community Support

This indispensable service is possible only through the generosity of our community. Hundreds of dedicated donors contribute clothing, hygiene products, and other essentials throughout the year. Each donation—no matter how small—creates a ripple effect of kindness and compassion, strengthening the network of care that defines Carmichael Outreach.

Together, we are not just offering items; we are building a community of care and support that empowers individuals and families to thrive.



PROGRAMMING



Housing & Support

Carmichael Outreach's dedicated housing team plays a vital role in addressing homelessness and supporting individuals on their journey toward stability. In 2024–2025, our team engaged in a comprehensive range of activities designed to remove barriers and foster long-term housing security.

Core Services

- Weekly Housing List: Published regularly to provide clients with up-to-date housing options.
- Housing Assistance: Personalized guidance to help clients secure safe, suitable housing.
- Move-In Support: Practical help during transitions, ensuring a smooth start in new homes.
- Home Essentials: Assistance in obtaining bedding, dishes, and other household necessities.
- Client Advocacy: Navigating complex housing and social service systems on behalf of clients.
- Emergency Hampers: Immediate food support for clients facing urgent needs.
- Wellness Checks: Regular visits to ensure health, safety, and peace of mind.
- Follow-Up Support: Ongoing engagement to maintain housing stability and address emerging challenges.

Why It Matters

Housing is more than shelter—it is the foundation for health, dignity, and opportunity. By combining advocacy, practical assistance, and wrap-around supports, our housing team helps individuals not only find homes but keep them.

Our Housing & Support program is essential to Carmichael Outreach's mission of preventing and alleviating homelessness in our community. We work closely with individuals who are currently experiencing or at risk of homelessness, focusing on helping them find and sustain affordable housing. While this may seem straightforward, it often involves navigating complex challenges. Our dedicated housing team meets clients where they are and tailors support to their unique needs.

The primary funding for this program comes from the Government of Canada's Reaching Home Strategy. This significant financial support enables us to continue our crucial work in the community, making a meaningful impact by reducing homelessness and providing individuals with the resources and guidance they need to build stable, fulfilling lives. With the backing of our generous supporters, our comprehensive approach empowers us to make a real difference. Together, we are not only reducing homelessness but also offering the essential support that helps individuals embark on a journey toward stability and success.

PROGRAMMING

Harm Reduction

Carmichael Outreach remains steadfast in its commitment to the health and well-being of our community. Through strong partnerships with 4 Directions, Namerind, and the City of Regina, we continue to host a variety of harm reduction and prevention initiatives on-site. These services are designed to address critical health and safety needs while promoting dignity and accessibility.

On-Site Services

- Influenza Vaccinations
- Seasonal flu shots offered to reduce illness and protect community health.
- Street Project
- Needle exchange program and Needle Drop Box locations for injection drug users. Supplies include condoms, lubricant, sharps containers, sterile water, ties, and filters.
- Naloxone Kits
- Life-saving kits provided to reverse opioid overdoses, supporting harm reduction and overdose prevention.
- Pregnancy Testing
- Accessible testing to support informed health decisions and improve outcomes.

Warming Center

In 2023-2024, we proudly opened our warming centre for the first time, responding to the urgent need for a safe and welcoming space during cold nights. The overnight centre operates 12 hours a day, from 7 PM to 7 AM, in 2024-2025 ensuring that individuals experiencing homelessness have a warm place to stay when they have nowhere else to go. Our dedicated team provides not only a warming space but also essential resources and support, fostering a sense of community and safety for all who enter. By offering this vital service, we aim to help our neighbours in need and create a more compassionate environment for everyone.



FUNDRAISING

"Play With Your Food" was an unforgettable highlight of this year, and we are immensely grateful to each and every person who contributed to its success, whether through donations, purchasing raffle tickets, or participating in the event. We extend our heartfelt thanks to all of you for making it such a remarkable experience.



over
\$80,000
from Play With Your Food

We want to highlight the impressive work being done at the University of Regina, especially by the Hill Business Students Society, with their annual "5 Days for the Homeless Campaign." This remarkable initiative showcases their resilience and commitment to tackling homelessness. Their efforts inspire us all and remind us that compassion and social responsibility can flourish, even in difficult times. We sincerely thank the Hill Business Students Society and the entire 5 Days team for their steadfast dedication and for exemplifying proactive and impactful community involvement.

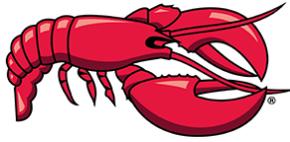


Carmichael Outreach extends our heartfelt gratitude to our exceptional fundraising partners. Throughout the year, your support through fundraising events and collaborations has been pivotal in advancing our mission. A significant portion of our revenue comes from these initiatives, enabling the continued success of our programs within the community.

Our commitment to providing essential services and support to those in need relies heavily on the generosity and dedication of our partners. The funds raised not only sustain our current operations but also empower us to expand our outreach efforts, making a lasting, positive impact on the lives of individuals in our community.

We deeply appreciate the unwavering support of our fundraising partners, who stand with us in our mission to create a brighter and more inclusive future. Together, we can build a stronger and more prosperous community for all.

PARTNERS



HARVARD MEDIA
— A HILL COMPANY —

REBELLION



5 Days
for the Homeless



Building Community Block by Block



City of Regina

